

# INSCOM **Journal**

Fall 2005

A detailed embroidery on a light-colored fabric, featuring a shield-shaped design. The shield is outlined in a thick, dark brown border. Inside the shield, a central vertical cross is formed by a thick brown thread. Four arrows, also in brown thread, are positioned diagonally, pointing towards the center of the cross. The background of the shield is a light tan color with a fine, woven texture.

## **Answering the call**





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*illustration by Pfc. James Felkins*

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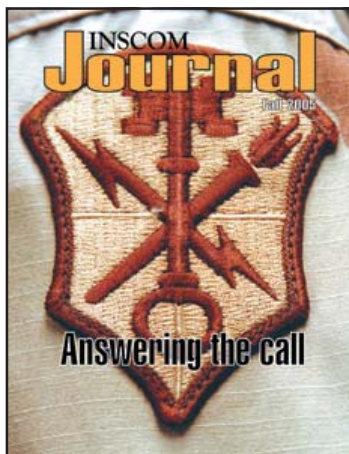


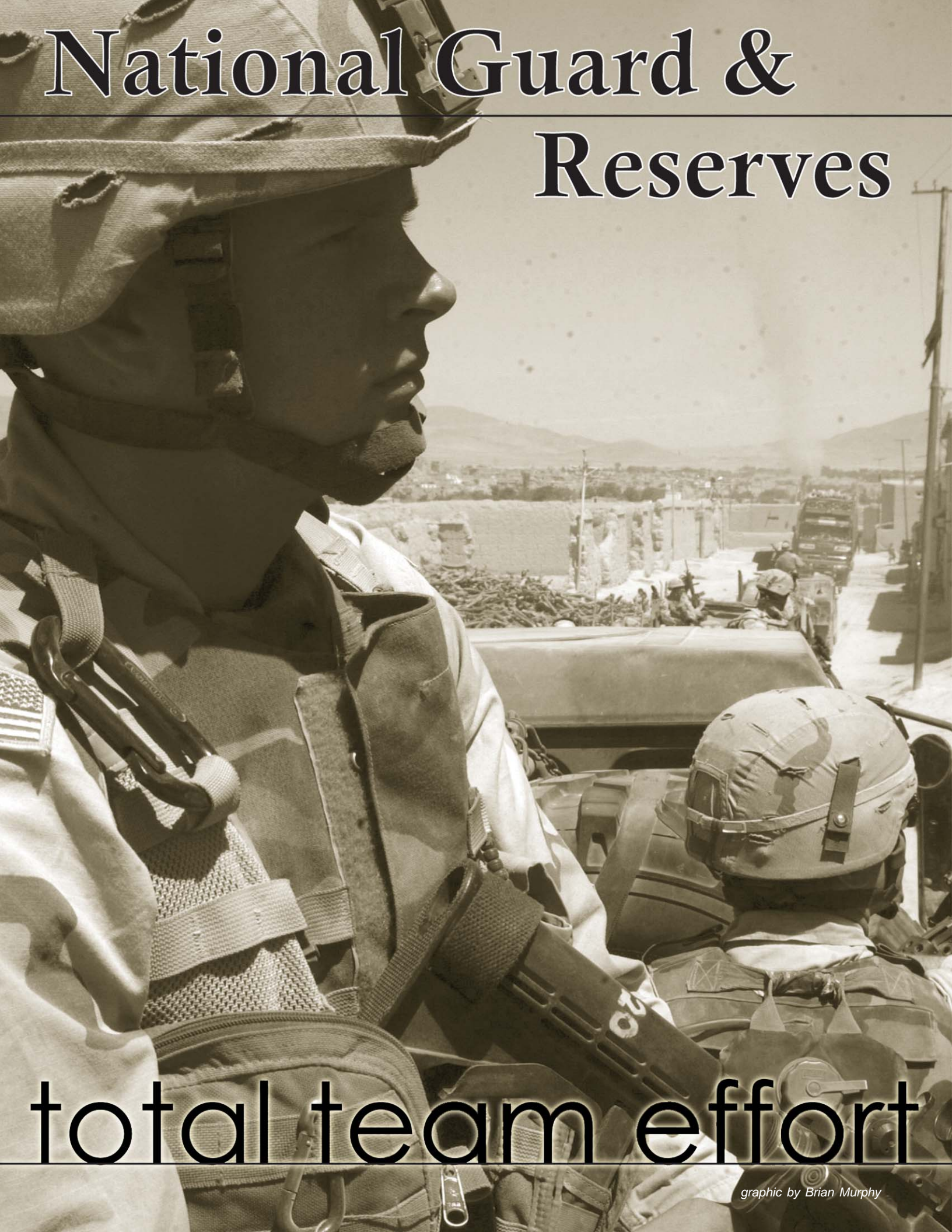
Photo by Brian Murphy

## On the cover

Army Chief of Staff Gen. Peter Schoomaker has informed members of Congress that the active duty Army will temporarily grow by about 30,000 Soldiers over the next few years to ensure the Army meets its worldwide commitments in the war on terrorism while resetting and rebalancing to be more ready and relevant. But in the meantime, Soldiers from the National Guard and Army Reserves are being called upon to help accomplish the mission.

View us on the web at: [www.inscom.army.mil](http://www.inscom.army.mil)





# National Guard & Reserves

total team effort

graphic by Brian Murphy



# From the commander's desk

**By Maj. Gen. John DeFreitas, III**  
Commander, INSCOM

Intelligence is increasingly critical to war-fighting success across the spectrum of conflict, including the global war against radical religious extremist.

Commanders at every level and policy makers need better intelligence today than they have needed in the past several years. In today's environment, insight into enemy intentions is needed far more than sensor-to-shooter links that effectively target fixed sites or maneuver forces throughout the battlespace.

While we have developed tools that are unsurpassed for fighting maneuver warfare, those tools aren't as effective against the insurgent cells and transnational threats that we face on a daily basis.

Consequently, we are in a race to transform our Army and bring about the necessary tools to guarantee success against today's threats. As you know, Army intelligence is at the center of intelligence transformation.

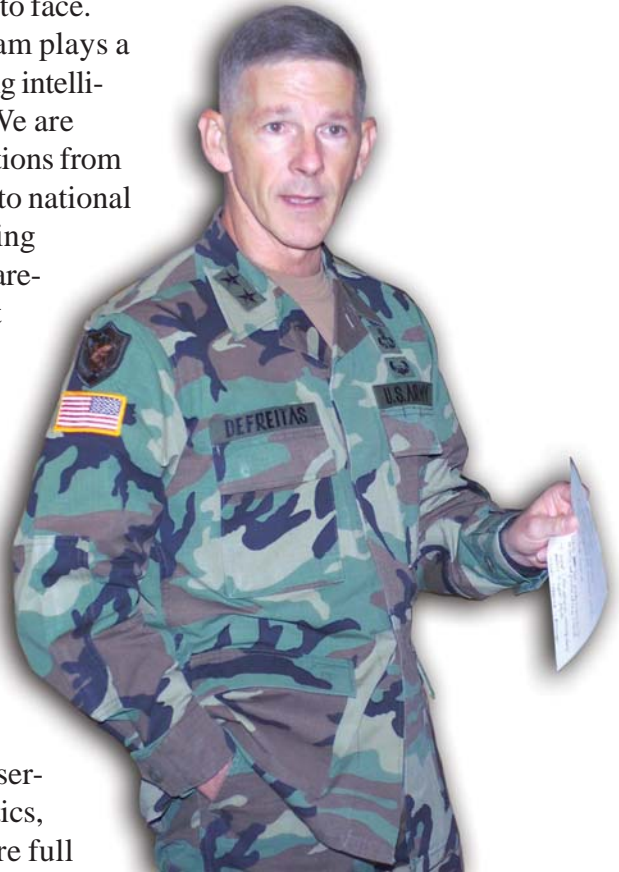
The U.S. Army Intelligence and Security Command is in the process of recapitalizing human intelligence and signals intelligence support to combat operations. Additionally, we are improving exploitation and analysis. As we better prepare ourselves to prosecute an extended fight, I am confident that our intelligence team will meet the

challenge we continue to face.

The INSCOM team plays a central role in improving intelligence for our Army. We are embedded in all formations from brigade combat teams to national agencies. We are helping provide situational awareness to commanders at every level through an expanding Tactical Overwatch program. We are in the targeting cycle, at forward deployed locations and through reach-back.

INSCOM is providing significant operational improvements through rapid insertion of technology, tactics, and procedures. We are full partners with corps and below units and the Intelligence School to ensure that we field the forces and develop the tools necessary to guarantee success against today's threats. Wherever our Army is engaged, INSCOM members are there, and they are answering the call.

At INSCOM, our people are critical to our success. Whether active duty, reserve, or National Guard — in uniform or not — every member of our team is important. Our dedicated and selfless workforce will ensure that we successfully meet the challenges that face us today and in the future.



*photo by Bob Bills*

**Maj. Gen. John DeFreitas, III.**

Everyone in INSCOM is subject to deployment whenever and wherever needed to answer our nation's call to duty. We've got tough challenges ahead and our Army depends on our success.

We will continue to face a high operational tempo with limited resources. With our talented and dedicated team, I look forward to successfully meeting the challenges ahead.

I wish you all great health, happiness and success as we enter an interesting and challenging 2006.

# Teamwork vital to success

**By Command Sgt. Maj.  
Maureen Johnson**  
Headquarters, INSCOM

The Soldiers and civilians of the U.S. Army Intelligence and Security Command are not alone in the Global War on Terrorism.

Our dedicated workers serve alongside Army Reserve and National Guard Soldiers as America's combined forces continue to answer the call.

The reserves are critical to the overall mission of the Army, and has more than 200,000 Soldiers.

Those dedicated Soldiers in the Army Reserve defend our country and uphold our freedoms. World events have created the need for Reserve Soldiers to be called to active duty, to serve in support of Operations such as Iraqi Freedom, Noble Eagle and Enduring Freedom. Army Reserve Soldiers have been activated and deployed throughout the United States and overseas, and are standing along the active force as we fight against terrorism.

In addition to the Army Reserves, service members from the National Guard have been mobilized to help the active force in the war effort.

President George W. Bush reserves the right to mobilize the National Guard, putting them in federal duty status. While federalized, the units answer to the combatant commander of the

theatre in which they are operating and, ultimately, to the president.

During peacetime, each state's National Guard answers to the leadership in the 50 states, three territories and the District of Columbia. National Guard members who are currently mobilized serve along side our Soldiers stateside and worldwide.

As a total team concept, the use of National Guard and reserve Soldiers is vital to a combined force that is able to effectively train and fight to defend freedom. Since the time of America's inception, citizen Soldiers have fought to protect our way of life. As an example, the Army National Guard was established in 1636 in the Massachusetts Bay Colony and is the oldest component of the Armed Services.

Time has not stood still since September 11, 2001. Instead, it has flown by as our world has changed — sometimes in ways beyond our understanding. Through it all, we continue to preserve as more than 700 members of our INSCOM family are serving overseas in the deserts of Iraq, the mountains of Afghanistan and dozens of other places in environments both harsh and mild.

Likewise, there are more than 150,000 dedicated members of our Armed Forces deployed



*photo by Bob Bills*

**Command Sgt. Maj. Maureen Johnson.**  
worldwide in the Global War on Terror.

As INSCOM continues to provide actionable intelligence to the warfighter, we must all remember the challenges and hardships that are faced by all Soldiers - whether active duty, National Guard, or reserve - who have left loved ones behind to serve their country.

Each person in INSCOM serves a vital role in providing critical support to our nation's warfighters. Success would not be possible without the tireless work ethic and dedication of the Soldiers from all three areas.



# FROM IRAQ, WITH LOVE

by Tina Miles  
902nd MI Group



*graphic by Brian Murphy*



# If Sean Leuenberger's name is called, he'll be ready to deploy ... again.

Answering the call to duty once as a civilian, Sean Leuenberger now prepares to answer the call a second time, as a Soldier. Leuenberger is one of several Department of the Army civilian employees who face twice the deployment potential because

they are also National Guard members or reservists.

Leuenberger, a desk officer in the 902nd Military Intelligence Group, was already deployed for six months as a civilian and is currently preparing for deployment again, as a Maryland National Guard member. No stranger to the

*file photos*

military or the 902nd MI Group, Leuenberger arrived at the unit in August of 1995, as an active duty sergeant. Upon completing his time in service, he was retained as a Department of Army civilian in 1997, and immediately joined the Maryland National Guard in February 1998. "I wanted to continue a military career without a break in service," he said.

Leuenberger said that there are both positives and negatives to his current situation, but that ultimately, the 902nd MI Group was the military service best suited **Sean Leuenberger (below) deployed as an INSCOM civilian last year.**







*file photos*

for Leuenberger. It has good pay, great college benefits and camaraderie that is second to none, noted Leuenberger, who added, "The time spent away from home and probable deployments are the bad points, but those are hard to avoid in any service now."

Leuenberger joined the National Guard prior to the terrorist attacks of Sept. 11, when their

**Leuenberger serves the Army as a civilian, and in a National Guard.**

primary mission was to provide support for the state in case of emergency such as natural disasters, riots, etc. He has been activated twice for snow emergencies, once for a hurricane, and once for the "Y2K scare." Immediately following the Sept. 11 tragedy, two battalions in the brigade were activated for homeland security. Since then, 29th Infantry Division (Light), Maryland

National Guard, has been activated numerous times in support of Operation Iraqi Freedom, Afghanistan and troops deployed to numerous other places, including the Middle East and Cuba. In addition to all that, they are still relied upon to support the state of Maryland for other missions.

He continues to be a part of the 29th ID (Light), while simultaneously working his full-time job at the 902nd MI Group. Most guardsmen admit they lead two lives, one in their regular, everyday civilian job and the other in their military position, he said.

For Leuenberger, both jobs compliment each other in so many ways that it keeps him focused in either capacity. He credited being a guard member to definitely helping him during last year's civilian deployment, "In training, competence, leadership and experience."

One of 19 civilians recently deployed for six months in support of OIF, Leuenberger is now back and facing possible deployment as a National Guardsman.

"Sean has just the technical counterintelligence expertise, maturity and leadership skills to effectively fight the Global War on Terrorism," said Ann Clawson, director of investigations, 902nd MI Group. "That makes him an invaluable asset to any of today's warfighter missions."

Although not activating as an entire brigade, his National Guard unit is scheduled to deploy selected personnel for a deployment to Guantanamo Bay Naval Base, Cuba, and Leuenberger is preparing to be among them, again answering the call to duty — this time as a Soldier.



# SOLDIER OF THE YEAR

by Pfc. Jason Merrell  
501st MI Brigade



*graphic by Sgt. Carlos Norat*



His face told it all — caught in that moment when the body fails to comply with the demands of the mind. Pfc. Philip Charles Michael Fox, 524th MI Battalion, could have taken a slower pace during the ruck march for the 501st MI Brigade's Soldier of the Year competition, but he knew he could do better.

With his ballistic helmet half cocked to the side and his chin strap slipping from its place, he picked up to a jog for the last mile. His face may have said it all, but it was his heart that was giving it all his body having no choice but to reluctantly follow.

With this kind of motivation, it should come as no surprise that Fox won not only the 501st MI Brigade's Soldier of the Year competition, but also the U.S. Army Intelligence and Security Command's top honor as well.

"Here is a young Soldier who is always willing to give it his very best," said Command Sgt. Maj. Michael P. Denton, command sergeant major, 501st MI Brigade. "He truly is humble and seems quite embarrassed when he is given the recognition that he has earned. At every level of the Soldier of the Year competition, he has always pointed out the excellence of the other competitors and thanked them for teaching him he is sincere in his beliefs."

Fox was born in the city of Sedro-Woolley, Wash., Oct. 14, 1985, where he grew up with hopes of becoming a musician, and having a deep love for music. He has 10 years of experience playing the drums, including four years in his high school band.

"I've always enjoyed music,"



**Pfc. Philip Charles Michael Fox was named the INSCOM Soldier of the Year.**

Fox said. "Earlier, I was most interested in performance, but now I'm more partial to teaching."

After getting his diploma from Drummond High School, Drummond, Wis., Fox followed the family trend and joined the military. He originally wanted to be a counterintelligence agent, but became an intelligence analyst for the Army instead.

"I didn't make the age requirement to be a counterintelligence agent," Fox said. "However, I do enjoy the highly technical side of analysis, and am glad I chose 96B."

His father, Charles, retired from the U.S. Navy as an electrician chief petty officer and his sister

is a lieutenant commander general surgeon in the Naval Reserve.

Fox began to excel in the Army right away, where he consistently scored a perfect 300 on the PT tests in Basic Combat Training, Fort Leonard Wood, Mo. In Advanced Individual Training, Fort Huachuca, Ariz., he received an award for physical and academic achievement.

"I didn't know him very well in AIT," said Pvt. 2 Travis Seitz, 501st MI Brigade, who attended AIT with Fox. "But it was easy to tell that he was very driven."

From there, Fox was assigned to the 524th MI Battalion in Yongsan, Republic of Korea, where he worked in the battalion



security office. It wasn't long before Fox's drive for excellence became apparent. Only a few months into his tour, Fox was recommended for the Soldier of the Year board.

"Fox's edge is his level of commitment," said Sgt. William Lettis, Fox's sponsor and mentor during his journey to becoming INSCOM's Soldier of the Year. "He is very self driven. In preparation for the board, he spent every free moment studying, doing PT or looking over CTT tasks."

It was at that point that Fox would make his way to become INSCOM Soldier of the Year. In each competition, from company to brigade level, he showed the same motivation and dedication to doing his best. Even if the event he was being graded in was a "go or no-go" format, he would still perform to the best of his ability — if only to prove to himself that he could. The "ruck march" at the brigade level competition served as a testament to this.

"I've felt as a 19-year-old private first class, with one year and two months time in service that the deck was stacked against me," Fox said. "I think the adversity of disadvantage is what drives me to be as competitive as I have been. I'm glad I've invested the effort to get this far."

Fox also believes his experience in the competitions will benefit his future Soldiers.

"On my road to becoming an NCO, the accomplishment and the experience will be invaluable to my own and my future Soldiers' development," he said.

Now, Fox is focused on the future. He aspires to reach the



*photos by Sgt. Tricia O. Ortiz*

**Pfc. Philip Charles Michael Fox participates in the land navigation portion of the INSCOM Soldier of the Year competition.**

rank of specialist by waiver and sergeant in his secondary zone, and would like to attend the Army's Master Fitness Trainer's course in the near future. Long term, he would like to earn a degree in music education and/or a graduate degree in law enforcement.

"We, as leaders, would like to be known as the 'driving force behind a Soldier' but we cannot take that credit," said Denton.

"We can mentor, we can train, we can give them every tool we have in our tool box, but it is up to the Soldier, the individual Soldier, to pick up the tools and use them properly. Pfc. Fox does this — he always takes the next step by asking himself 'what can I now do with the tools I have been given?' I can tell you that I would promote him to sergeant today if I had the authority."



Ich bin ein Amerikanischer Soldat.

Sono un soldato Americano.

Soy un Soldado Americano.

Я - американский Солдат.

Soy un Soldado Americano.

I am an American Soldier.

Je suis un Soldat Américain.

Sou um Soldado Americano.

I am an American Soldier.

# Linguist of the Year

by Sgt. LeeAnn Lloyd

Ich bin ein Amerikanischer Soldat.

I am an American Soldier.

Sou um Soldado Americano.

Je suis un Soldat Américain.

Я - американский Солдат.

Ich bin ein Amerikanischer Soldat.

Sono un soldato Americano.

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Я - американский Солдат.

Sono un soldato Americano.

Soy un Soldado Americano.

Je suis un Soldat Américain.

Ich bin ein Amerikanischer Soldat.



Every so often, a Soldier rises above his or her peers as the best and brightest. For the U.S. Army Intelligence and Security Command, Sgt. Joshua Bigger fit the bill when he was named the Linguist of the Year in September.

Almost immediately, Bigger, from the 500th MI Brigade, stood out among his peers in the competition.

"I was very proud to put in Sgt. Bigger's packet for the Linguist of the Year board," said 1st Lt. Angelee Andoe, executive officer, 407th MI Company, 732nd MI Battalion. "Sgt Bigger is an exceptional Soldier, and he always stands out from his peers. I knew that he was very likely to win the competition — and he did. Hopefully, other Soldiers (within the unit) will strive for the same success."

One of the main reasons Bigger was selected was because of his winning essay, which emphasized the importance of increasing proficiency among Soldiers in the linguist career field. His essay stressed the significance of language immersion and really getting involved in what you are trying to learn.

"It's about having an understanding of active skills versus passive skills," Bigger said. "If

you focus on the active skills of speaking and writing, then reading and listening will come naturally. Chances are that if you can speak to someone, you can probably understand what they are saying back to you. Getting involved and being active will help increase language proficiency.

"Personal motivation is the number-one key to learning a language," he said. "It takes a lot of hard work and determination."

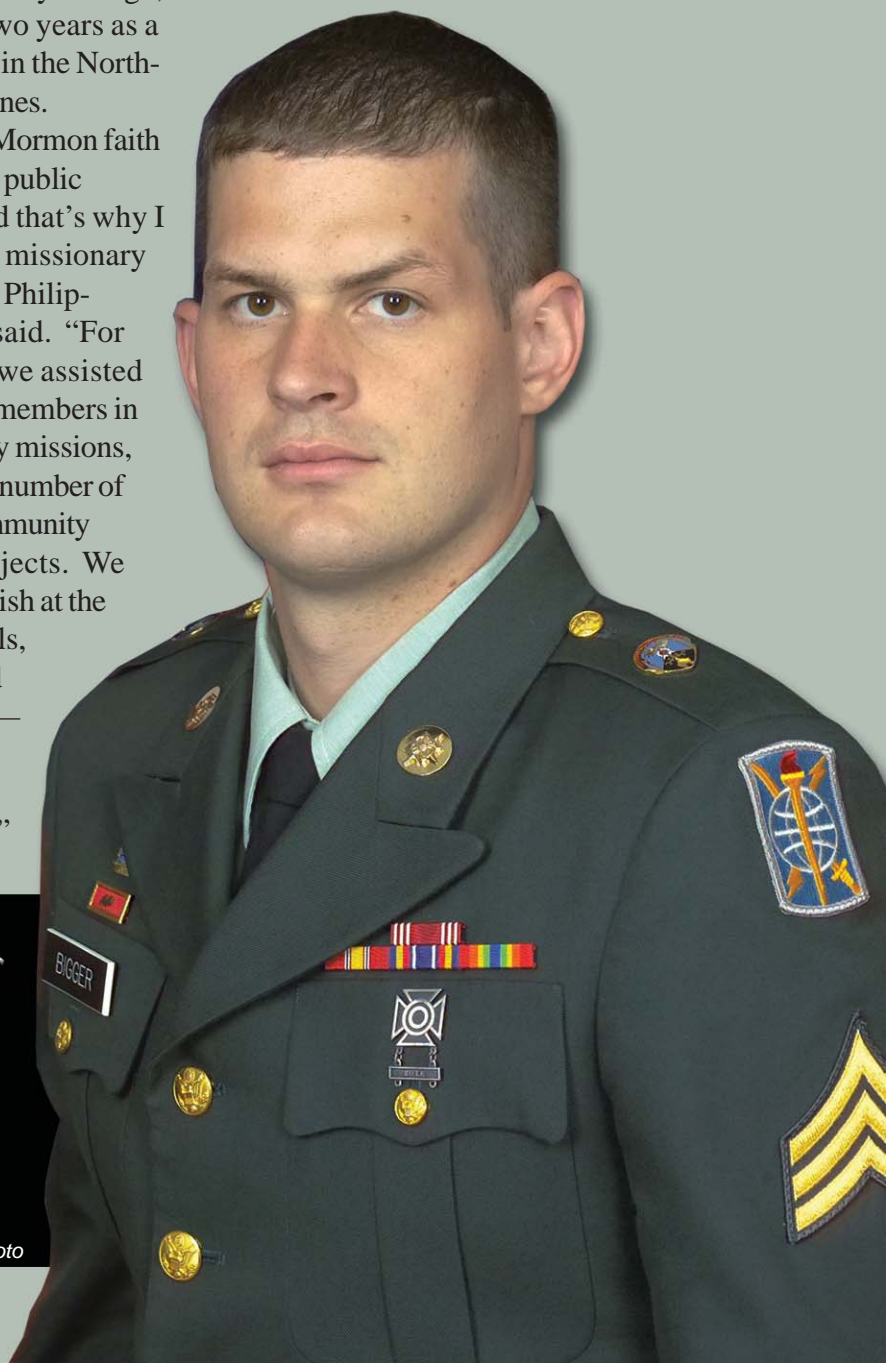
Bigger entered the Army as a linguist four years ago, after spending two years as a missionary in the Northern Philippines.

"The Mormon faith encourages public service, and that's why I chose to do missionary work in the Philippines," he said. "For two years, we assisted the church members in their weekly missions, involving a number of various community service projects. We taught English at the local schools, and painted sidewalks — anything to better the community."

Bigger said his time in the Philippines helped better prepare him for his enlistment in the Army.

"I was 19 when I went as a missionary," he said. "Those two years helped me get away from home and learn a little more about independence. It helped prepare me for my enlistment and the time I would spend away from home. Whether assisting as a missionary or enlisting as a Soldier, both are service related; there are great sacrifices involved."

# Sgt. Joshua Bigger



Army photo



Bigger comes from a long history of military service.

“At one point or another, almost every man in my family has served at least one enlistment. My father and brother both served in the Air Force. My grandfathers also served, so it was important that I did, as well.”

And it’s apparent that their time in the military rubbed off on Bigger.

“I always wanted to join the military,” he said. “Ever since I was a little kid, I knew I wanted to be in the Army. The Army is the military to me; when I think of the military, I picture the Army. That’s why I chose this branch.”

Being named INSCOM’s Linguist of the Year provided Bigger with a lot of benefits, but the most meaningful one was that his mother got to attend the ceremony.

“It was pretty cool,” said Bigger. “I haven’t seen my mother in about two years and for her to hear about what I do was pretty exciting.”

When he’s not busy winning Linguist of the Year competitions, Bigger spends his spare time helping out in the local community. He remains active in his church, and uses his Eagle Scout expertise to assist with a local

Boy Scout troop.

Along with providing a public service, Bigger continues to stress the importance of language proficiency to his peers.

“I would encourage MI Soldiers to continue striving for proficiency in their languages,” said Bigger. “We need to excel in our fields.”

Soldiers who wish to compete must be recommended by their chain of command and submit a packet to INSCOM. The packet consists of a biography, the Soldier’s Enlisted Records Brief, an essay, and a letter of recommendation.

*(Staff Sgt. Twana Atkinson contributed to this story).*

# 500th MI Brigade

Army photo







# INCO *of the* Year

by Tina Miles  
902nd MI Group





*photo by Tina Miles*

**Staff Sgt. Samuel E. Cowell inspects Sgt. Evan M. Pacer's uniform prior to the NCO of the Year competition.**

**S**gt. Evan M. Pacer has some advice for those U.S. Army Intelligence and Security Command Soldiers who want to follow in his footsteps.

"Study. And when you think you've studied enough — study more," Pacer said.

It's because of that relentless mentality that Pacer beat out the competition, and was named INSCOM's noncommissioned officer of the year.

Pacer, a technical signals manager, 743rd Military Intelligence Battalion, 704th Military Intelligence Brigade, is the first to admit that he absolutely hates to

lose, and believes that the key to success in anything is preparation.

It was that self competitive-ness that drove him through a total of six boards before earning top honors in INSCOM.

While preparing for each board, Pacer studied a minimum of 20 hours a week, researching every Army regulation he could get his hands on to help him with the board questions. "The Army webpage was extremely informative and helpful," he said. Especially with the Common Task Training, an area in which he felt a bit rusty since it is only done once a year. "I began studying for CTT as soon as I heard it

would be a part of the tests, about a month out," he added. Studying proved to be an excellent strategy as Pacer was the only contender at the Major Command Regional level to score the maximum points for the CTT portion of the competition.

In his spare time Pacer plays a lot of soccer, so he stays in good physical condition and didn't think he would have to prepare as much for that portion of the competition. "However the physical training turned out to be not my strongest event," he said. That's where his sponsor came into play motivation. Having Staff Sgt. Samuel E.





*photo by Sgt. Tricia O. Ortiz*

**Sgt. Evan M. Pacer, of the 743rd MI Battalion, 704th MI Brigade, participates in the NCO of the Year competition.**

Cowell, a previous NCO of the Year winner, as Pacer's sponsor wasn't quite the edge his competitors perceived it to be. "We hadn't even met until the first day of the competition," Pacer said. Cowell, command language program manager, 704th MI Brigade, was actually the sponsor of another Soldier in the regional competition and was called upon to sponsor Pacer as well when his original sponsor could not make it.

Cowell said he only worked with Pacer during the week of the regional competition, but in that short amount of time he was very impressed with him. "Pacer is

the type of NCO I want working with me. He is dedicated, has great attention for detail, and cares for his Soldiers," said Cowell.

Sgt. 1st Class Shawn M. Hill, platoon sergeant, Headquarters and Operations Company, 743rd MI Battalion, 704th MI Brigade, was Pacer's sponsor at the INSCOM level and was exceptional in the motivation role. When Pacer was really "down on his self" for not exceeding in an event, Hill told him to let it go and make it up in his stronger areas. "Pacer is most deserving of the title and is the epitome of 'Be, Know, Do,'" said Hill,

adding, "His professional, technical and tactical proficiencies are above and beyond. Pacer sets the example for all Soldiers, peers and seniors alike, to try and emulate."

The most difficult event for Pacer was the night land navigation. "I was a bit uncomfortable with the night navigation because I was unfamiliar with actually doing it."

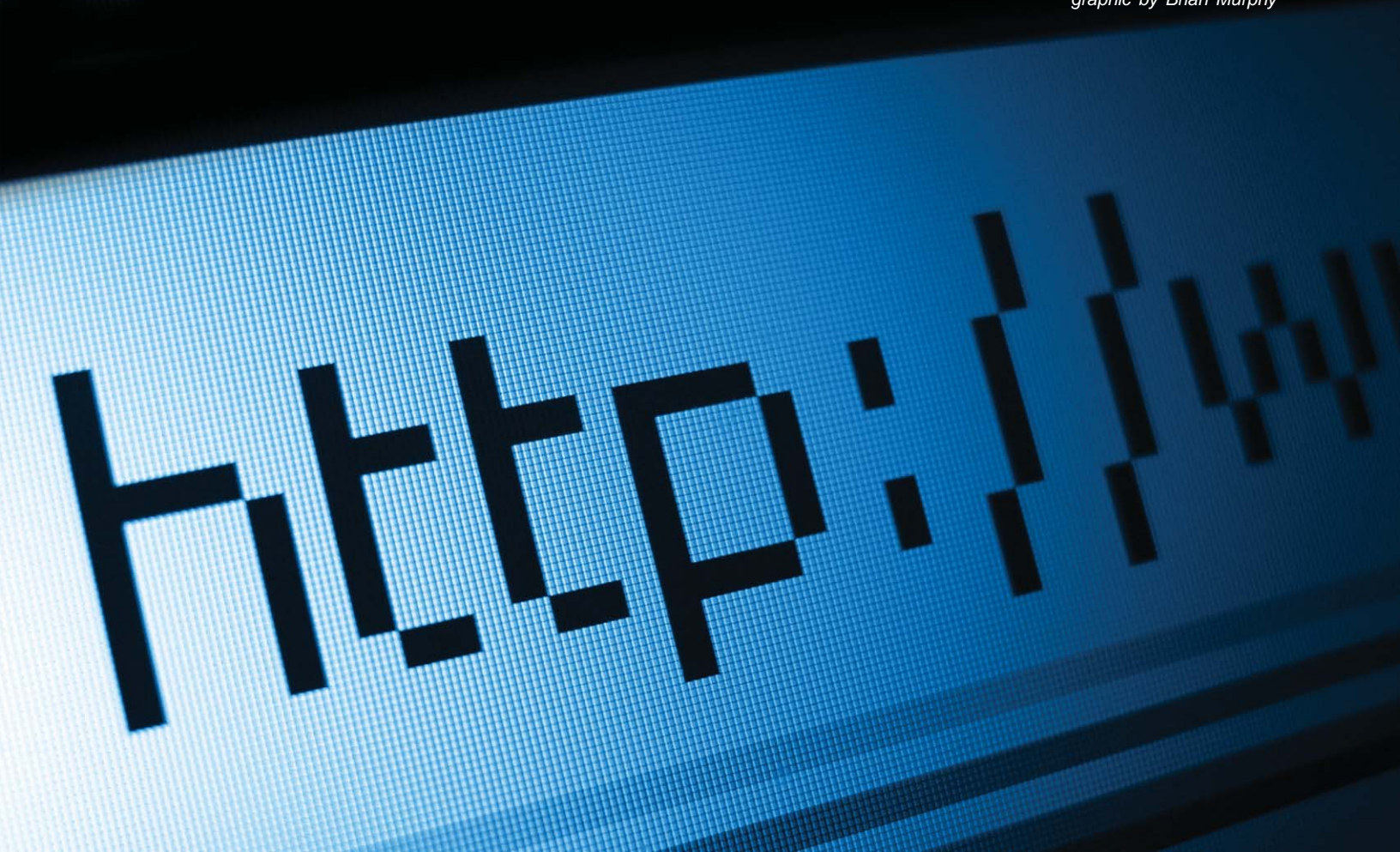
Again, Hill told him to stop worrying about it and concentrate on his strong points. Obviously the concentration paid-off, as Pacer took the top honors, and was named INSCOM's NCO of the Year.



# Bloggers Beware

by Brian Murphy  
INSCOM Public Affairs

*graphic by Brian Murphy*



http://www





photo by Staff Sgt. Brett McMillan

**Staff Sgt. David Green is a broadcast journalist currently deployed as part of Multi-National Force - Iraq.**

Call it an online diary. Call it a therapeutic release. Call it whatever you want, but don't call blogging a fad – because it is here to stay.

A blog, in layman's terms, is a web-based journal. The writer is known as a blogger, and updating the online journal is referred to as blogging.

Maybe it has something to do with being part of "An Army of One," but more and more Soldiers have a voice that they feel needs to be heard.

"Everyone wants their 15 minutes of fame, just look at reality television," said Staff Sgt. David Green, a Soldier who began Reverse Retina ([www.reverseretina.com](http://www.reverseretina.com)) shortly after he deployed to the Middle

East in January.

The web site began as a blog and then eventually evolved into a podcast (an internet broadcast), a natural transition, says Green, because he is a broadcast journalist for the Army.

"You'll see a lot of the military bloggers trying to tell people that we aren't getting a fair shake over here when it comes to media coverage and they're trying to set the record straight, so to speak," Green said. "But I think most people do it for the same reason they write in a journal. It is a place to put thoughts, ideas, and opinions. The difference is, they can now have those ideas seen and added to the public realm."

Topics on a typical podcast can range from a generic overview on the living conditions in Iraq to

According to the Wikipedia encyclopedia, a blog or weblog (derived from the words "web" and "log") is a web-based publication consisting primarily of periodic articles.



what video game Green and his roommate are currently playing during down time. Think of it as a high-tech way of sending letters home to loved ones to let them know everything is okay.

"A lot of people, including myself, found this to be a great way of staying in touch with people back home," Green said. "I've lived in like 15-20 different places in my life and I've got friends and family scattered everywhere. For me it was easier and more interest-





photo by Staff Sgt. Brett McMillan

**Staff Sgt. David Green updates his personal blog, called *Reverse Retina*, from his room in Iraq.**

ing, I think, to do this than writing a weekly mass e-mail.

"It gave people insight into what happens everyday over here," Green said. "With a mass e-mail once a week you wind up forgetting things — especially thoughts and emotions that are generated 'in the moment.' The crazy part is that once it is out on the Internet, anyone can see it. I started getting feedback from people I'd never met. I started to shift my focus at that point to include more generalizations and talking about things in broader terms. I realized, as most military bloggers eventually do, that I had a unique opportunity to inform the public about what was really going on and what my daily life was like," he said.

While informing the general public is one aspect of blogging, there are other positives that those close to Green keep coming back for.

"It's a great way to be able to hear what's going on with him," said Karyn Green, his wife. "We don't get to talk to each other as often as we would like to, so

having the blog is a great way to keep up with the nuances of his life. It's a great comfort to see how often he updates and to know that, though I can't be there with him, he's still alive and well. I love and miss my husband terribly. I'm also proud of what he's doing and grateful for the technology that helps us keep in touch."

While blogging might be as easy as registering on a free web site for those Soldiers inclined, it has quickly become a headache for the Army.

U.S. Army Chief of Staff Gen. Peter Schoomaker cautioned in an August memo to Army leaders that military bloggers can compromise operational security.

"The enemy aggressively 'reads' our open source and continues to exploit such information for use against our forces," Schoomaker said in the memo. "Some Soldiers continue to post sensitive information to Internet web sites and blogs, e.g., photos depicting weapon system vulnerabilities and tactics, techniques, and procedures. Such OPSEC viola-

tions needlessly place lives at risk and degrade the effectiveness of our operations."

So, what does the Army do to fix the potential problem? Top leaders, such as Schoomaker, are moving to increase awareness throughout the military down to the company level. Getting the information out decreases the chance of future Soldiers being put in harm's way.

"People should keep in mind that when they're blogging, they are writing information that will be immediately available to the enemy," said Denice Jennings, security officer, U.S. Army Intelligence and Security Command. "They need to ask themselves, 'Can they get information from my blog that can be used to hinder operations or even kill me or my fellow Soldiers?'"

In some extreme instances, the Army is forced to take disciplinary actions against Soldiers because of information in a blog. When Jason Christopher Hartley, of the New York Army National Guard, returned from Iraq he received an Article 15 for posts to his blog, [JustAnotherSoldier.com](http://JustAnotherSoldier.com), which is now inactive. Hartley was demoted and fined \$1,000 for OPSEC violations.

Most bloggers are very aware of the do's and don'ts, according to Green, who said his chain of command knows of his blog and

According to Wikipedia, podcasting is a method of publishing audio programs via the Internet, allowing users to subscribe to a feed of new files (usually MP3s).





remains supportive of his hobby.

“No one over here wants anyone else to get hurt or killed because of something they posted,” Green said. “In fact, the military bloggers do a good job of policing each other up. I’ve seen instances where a guy posted something a little shady, and within a few hours other bloggers are e-mailing the author and telling him the picture needs to come down.

“Ultimately, the guidance is a good thing,” Green said. “It gives us an idea of where the boundaries actually are so we’re not guessing and don’t inadvertently get someone hurt or aid the enemy in any way. The first rule in a war zone is to do everything in your power to make sure everyone makes it home. OPSEC has always been part of that and always will be regardless of the medium.”

**B**logging veterans Phil and Becky (<http://philandbecky.blogspot.com/>) came up with a list of some questions that bloggers should answer before posting any information on the internet.



1. Did the blogger reveal sensitive information as to any current or future operation? Sensitive information is anything that could aid the enemy in determining time, location or concept of the specific operation and thereby reduce the mission’s likelihood of success.
2. Did the blogger reveal any overly specific information about past operations that the enemy could use to his advantage in the future?
3. Did the blogger reveal any information about how his unit operates that the enemy would not have otherwise learned or known that would assist him in identifying, adapting to and possibly defeating these tactics in the future?
4. Did the blogger give any information that the enemy would not have otherwise learned as to the success or failure of the attack?
5. Did the blogger give any information that the enemy would not have otherwise learned regarding any enemy tactics, techniques or procedures that his unit finds challenging or is having difficulty countering?
6. Did the blogger write anything derogatory or disrespectful to any member of his chain of command?
7. Did the blogger divulge any classified information?
8. Did the blogger violate any direct or indirect instructions from his chain of command?



*photo by Carlos Paes*



**Can't**

**STOP**

**Now**

by Sgt. Kurt Friedemann  
66th MI Group

WARNING  
DO NOT ENTER THE JAIL  
Improvement for Security  
Detaining Detainees in  
Emergency With The Jail  
Section 21-1-1042, O.C.G.A.  
JAIL (2007)  
All County Groups  
ST. 100 100 100

photo by Darren Hester

VS



She could smell exhaust fumes, the sweet musty asphalt and the tang of her own blood. The grit and rough hue of the road bit into her skin and the heat of a car's running engine washed over her.

That's when the pain hit her like a freight train.

Sgt. Katherine Freasier, interrogator, 66th Military Intelligence Group, had regained consciousness in the middle of an extremely busy street staring at the grills of two oncoming cars. The vehicles had come to a stop just inches from where she had been tossed.

Freasier was hit by a car Feb. 4, 2004. She'd been riding to a nearby car dealership in Darmstadt, Germany to do some shopping. She had recently been stationed there, and needed quicker transportation than her mountain bike.

"It was (4 p.m.) in the evening and rather dull light," she said. "I was hit so hard that I flew off the bike into the air, launched forward, landed on my left side, rolled a few times, and skidded to a halt. I opened my eyes slowly and found myself looking directly into two sets of headlights."

Ironically, that was the start of Freasier's illustrious mountain biking career. She started in the sport because she simply loves riding a bike, she likes to be active and she is an intense competitor.

For the past 19 years, Morale, Welfare, Recreation-Europe has sponsored a mountain bike race series that stretches across Germany and part of northern Italy. The series is open to U.S. identification cardholders and local riders



*photo by Sgt. Kurt Friedemann*

**Sgt. Katherine Freasier, of the 66th MI Group, spends much of her free time on her mountain bike riding throughout Germany and Italy.**

as well.

"When I was in Garmisch, Germany for a training event in April of 2004, I noticed fliers for the series. It starts in mid-April and ends in mid-September. I had always been interested in racing, and I thought this would be a good low-key introduction to it. Little did I know that the first race that I

raced in was one of the toughest and most technical of the series," she said. "The challenge of singletrack riding, finding the right line, negotiating tough turns and terrain makes mountain bike racing a much more intense sport."

The accident put a yield sign on her road to a championship, but it didn't stop her.



She'd suffered a severely sprained back and neck, as well as a broken tailbone from the accident. She spent four months with a physical therapist who gave her a series of stretches and exercises to strengthen her back and neck, but the fractured tailbone simply had to heal.

"The accident happened in February and by May I was functional again for the most part," she said. "That is when I rode my first race in Grafenwoehr, Germany. To this day, my back still

seizes after really difficult races and my tailbone still hurts. The physical therapist said that this is something I will have to deal with for the rest of my life."

Despite the pain and soreness, Freasier has been crowned the U.S. Forces-Europe Mountain Bike Champion for two years running. She won the series for the first time in 2004 and recently wrapped up this year's Championship in Garmisch, Germany.

"This year's win had a lot more meaning for me," she said.

"This year, I really had to fight to get the crown. There was some really good competition in my division and I had to train and prepare really hard for every point I got."

Freasier's drive, determination and guts are nothing new to those who know her well.

"She's older and more mature than her peers," said 1st Sgt. Sheila Bounds, 66th MI Group. "I have been privy to some of her personal hardships and I respect her integrity and personal strength. She has



*photos by Sgt. Kurt Friedemann*

**Sgt. Katherine Kreasier has come a long way from being hit by a car on her mountain bike to becoming the two-time U.S. Forces-Europe Mountain Bike Champion.**





**Sgt. Katherine Kreasier has found a way to break away from the pack - and now she has her sights set on the U.S. Army Cycling Team.**

overcome these hardships with grace and never faltered in her military obligations. Furthermore, she is a great inspiration and help to younger Soldiers. She goes out of her way to help, advise, train and support younger Soldiers.”

Freasier attributes at least some of her success to leaders within the 66th MI Group.

She said her commander and first sergeant have been extremely supportive of her work outside the

military intelligence field.

“I’m lucky that I have so much support,” she said. “I really had to train a lot for this championship and I was given the time I needed to get that done.”

Capt. Jennifer Corey, Freasier’s commander, said she and her unit were lucky to have such an outstanding Soldier and great person.

“I think that it is very important for Soldiers to make the

most of their off-duty time, and Sgt. Freasier has certainly done that,” Corey said. “More importantly, her racing reflects positively on both, her company and the Army, as well as being a great example to her fellow Soldiers of what you can achieve when you train hard.”

Freasier was given an impact Army Achievement Medal for her success in mountain biking. Corey said the award is recognition not just for personal achievement, but for leadership as well.

“I can only hope that Sgt. Freasier’s success and incredible accomplishments inspire other Soldiers to work for their goals,” she said. “In my experience, she is a dedicated and caring person. The focus and determination she demonstrates in her racing carries over to everything she does, and she is totally involved in helping the people around her.”

So, what’s in the future for this two-time mountain bike champion? Freasier is scheduled to leave the unit in December, and will ultimately end up in Washington state. She plans to take part in the amateur mountain bike portion of the Sea Otter Classic at Laguna Seca, Calif., next year.

“It is a very intense race and American mountain bike races are about twice as long as the U.S. Army Europe races totaling somewhere around 25 miles on average for women. My coach has a good training plan for me, so I will be as prepared as I can be,” Freasier said. “And of course, there’s always the U.S. Army Cycling Team.”





# Quitters can win

by Samantha L. Quigley  
American Forces Press Service



The military lifestyle is all about exercise and being in shape. And yet, statistics show that one third of all servicemembers are voluntarily doing damage to themselves by smoking cigarettes and/or using other tobacco products.

The American Cancer Society's 29th Great American Smokeout is a great day to become a quitter, a senior Defense Department health official said.

"Hopefully, for those who have an impulse to quit, this may be a spark to action," Dr. Jack Smith, acting deputy assistant secretary of defense for clinical and program policy, said. "If you can stop tobacco use for one day, maybe you can quit for good. If nothing else, it gets people thinking and gives them the opportunity to make plans for action down the road."

The Defense Department's hope is that the Nov. 17 Smokeout will motivate tobacco-using servicemembers to kick the habit by highlighting the dangers of tobacco use, Smith said. The percentage of smokers in the civilian sector is about 23 percent, according to the National Center for Health Statistics, a branch of the Centers for Disease Control and Prevention. Military health experts put the number of servicemembers who use tobacco at about 34 percent.

"The long-term goal would be to have none of our people be tobacco users. That would be the ideal," Smith said. "In the near term, we'd be very pleased to see a substantial reduction by a third or a half from the current



*photo by Clara Rita*

**According to one popular Web site, 1,200 Americans die every day from tobacco use and exposure to secondhand smoke.**

prevalence."

There are many reasons for a tobacco user to quit smoking, dipping or chewing, Smith said. The best of those reasons is the effect on force readiness. Tobacco use slows wound healing and increases the chance of respiratory infections and other health problems. It also reduces general fitness and causes problems that might not be readily

associated with tobacco use.

"There is an effect on night vision," said Smith. "In the operational environment that can be a critical factor that impacts on our ability to get the mission done.

"If we can have people who are free of tobacco addiction and free of the adverse impacts to their health that that brings, then that obviously is a significant



benefit to readiness and to fitness overall,” Smith said.

And the benefits far outweigh the struggle to quit, he said, adding that in the first 12 hours after a person quits smoking, all carbon monoxide is cleared from the blood. After five years, the risk of heart disease and heart attack begins to approach that of people who have never smoked. In 15 years, a former smoker’s risk of these health problems is the same as that of someone the same age and gender who never smoked. The risk of cancer also stops rising

when tobacco use is halted, Smith added.

If that’s not enough to convince a servicemember to kick the butt, consider this: It’s just plain expensive.

According to the Web site TobaccoFreeKids.org, the average retail cost of a pack of cigarettes in the United States is about \$4.32. At a pack a day, the total for a year of smoking is more than \$1,500.

For those who decide to make the Great American Smokeout their first smoke-free

day, help is available. While the American Cancer Society’s Web site offers a page dedicated to tobacco cessation, Smith said servicemembers can find extra help nearby.

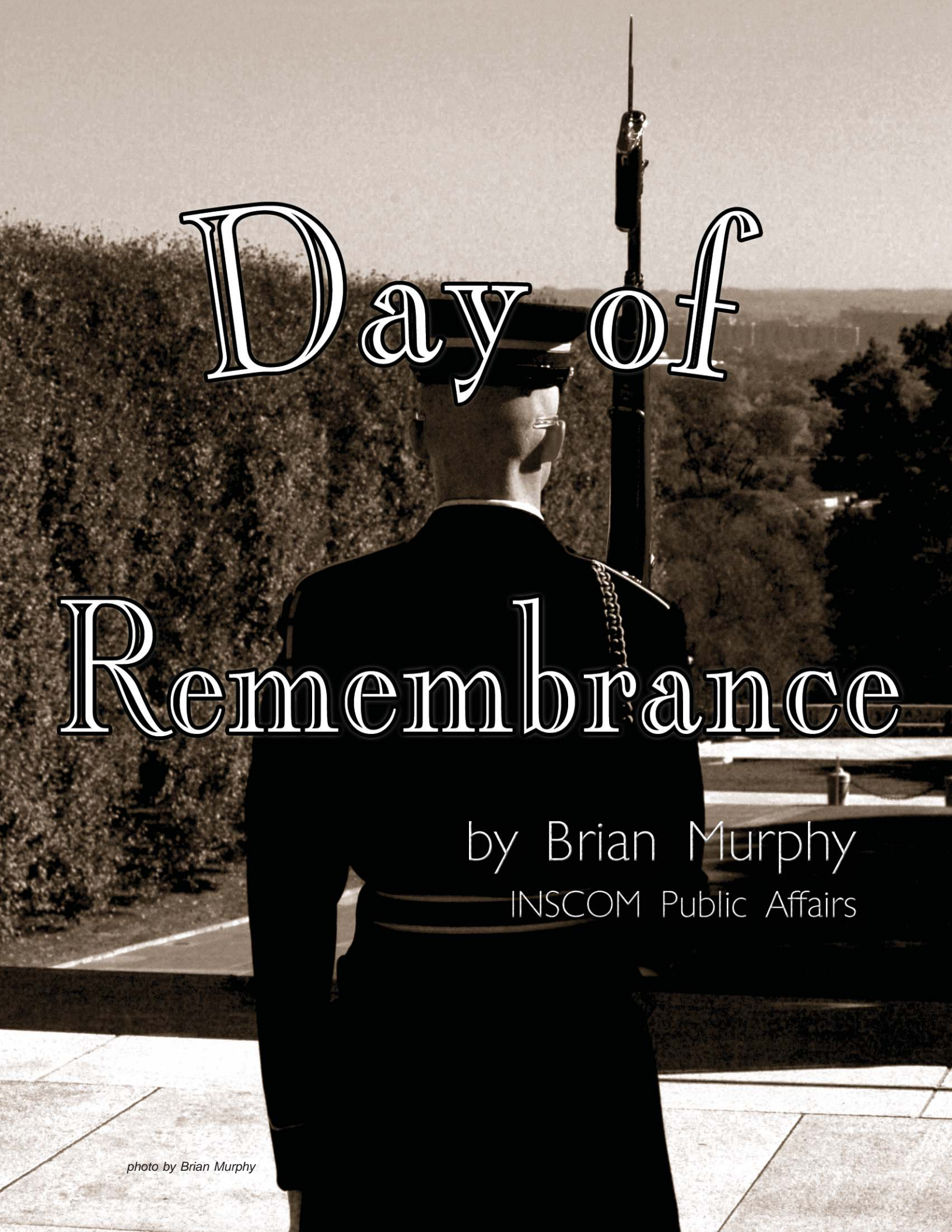
“All of the services have health-promotion and preventive-medicine programs. Probably the best place to start with inquiring about opportunities for quitting would be with your primary-care manager,” Smith said. “There’s a lot of resources out there for someone who’s interested in quitting.”



*photo by Tony Al Khoury*

**Military health experts estimate that 34 percent of all servicemembers use tobacco products.**





# Day of Remembrance

by Brian Murphy  
INSCOM Public Affairs

*photo by Brian Murphy*





*photos by Brian Murphy*

**An Army bugler stands with the Army Counter Intelligence Corps Veterans' wreath during the Day of Remembrance.**

Ask almost anyone who has put on an Army uniform, and one of their fondest memories of their time in service will surely be the camaraderie and brotherhood they felt with fellow Soldiers.

Regardless of the amount of time or the era in which they served, Soldiers past and present routinely speak of that bond when asked the question - why did you stay in?

Any doubters need to look no further than the Army Counter Intelligence Corps Veterans - a group who has gathered together for the last 14 years to catch up with each other, and to pay their respects to their fallen comrades.

This year, more than 120 ACIC veterans gathered for the 14th National Day of Remembrance at the Tomb of the Unknown Soldier at Arlington National Cemetery, Nov. 4.

To honor the occasion, ACIC veterans, along with former Virginia Gov. James S. Gilmore, placed a memorial wreath at the Tomb of the Unknown Soldier. The wreath was donated by Ruth Kaufmann, in

memory of her husband Ulrick.

"I'm very moved by the honor that is afforded to me to be a part of the wreath-laying ceremony," said Gilmore, who served a three-year tour as an Army counterintelligence special agent in Germany, in the 1970s. "I'm delighted to be here in remembrance of our colleagues in counterintelligence, as well as all the other men and women who have sacrificed their lives for this country."

Following the wreath laying and the playing of "Taps," by an Army bugler, the veterans proceeded to a memorial luncheon at Spates Community Hall, Fort Myer, Virginia.

The purpose of the day was to memorialize those who had fallen from the ranks of the counterintelligence veterans' organization, according to Elly Burton, director, "Day of Remembrance."

"This is the one event - if they don't come to anything else - everyone comes to see their old friends and to remember those who have passed away," said Burton, who has been the director of the Day of



Remembrance for the last seven years. “And that’s the most important part of this day honoring our friends and family who are no longer with us.”

While Burton’s tireless dedication is one of the main reasons the Day of Remembrance goes off without a hitch each year, she admits the occasion would not be possible without the help from the numerous volunteers who consistently step up to help out. Take, for example, the wreath-laying ceremony.

“The wreath laying is a wonderful part of the day,” she said. “Each year, someone donates the wreath. It’s a very big honor for a person to donate the wreath in memory of a loved one. As a matter of fact, I’ve got enough volunteers for the wreaths to take us to 2012.”

But then again, that really shouldn’t come as a surprise. Anyone who has been around the Army should expect nothing less than this tight-knit group of Soldiers and family members.



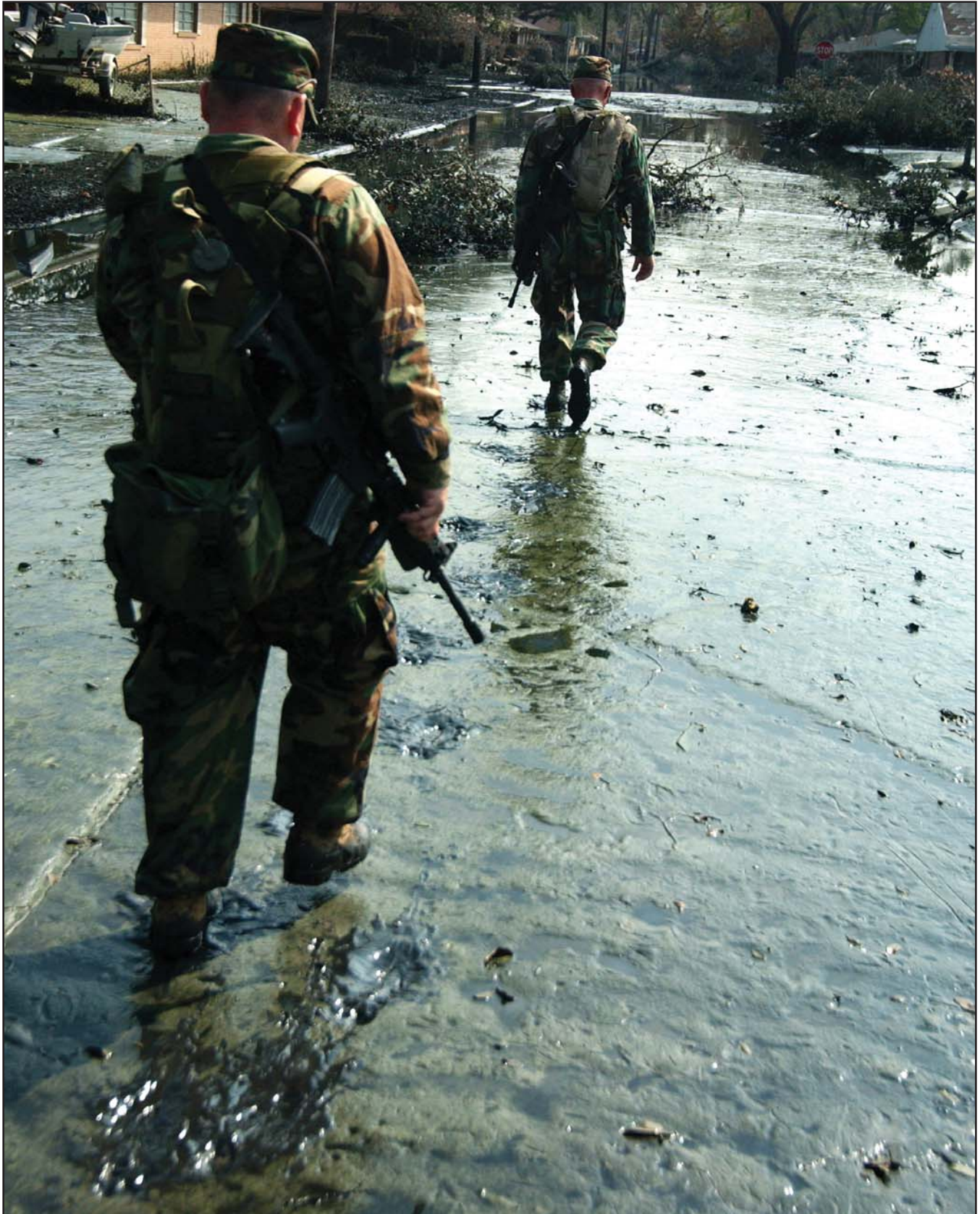
Cliff Diehl tolls the bell once for each veteran who has died since last year’s Day of Remembrance ceremony.



More than 120 Army Counter Intelligence Corps Veterans attended the 14th National Day of Remembrance, Nov. 4.



# SHOTS FROM THE FIELD



*photo by Tech. Sgt. Roger Dey*

**Soldiers from the Oregon National Guard patrol neighborhood throughout the hurricane ravaged Gulf Coast, Sept. 15.**



# SHOTS FROM THE FIELD



*photo by Sgt. LeeAnn Lloyd*

**The 500th MI Brigade holds an activation ceremony for the 301st MI Battalion, an Army reserve unit, Sept. 17.**



*photo by Sgt. Sarah Smith*

**Staff Sgt. Sharosa Crawford, of the 704th MI Brigade, volunteers time with elementary school children.**



# SHOTS FROM THE FIELD



*photo by Spc. Charles Studer*

**Spc. Adam Dove, of the 66th MI Group, conducts combatives training during a Warrior Week Training Exercise.**



*photo by Staff Sgt. Terrence Hayes*

**Maj. Wanda Chatman, 116th MI Group, fires an M9 pistol during qualification at the range, Sept. 13.**



# SHOTS FROM THE FIELD



*photo by Dave Fliesen*

**Soldiers from the New Jersey National Guard fire a mortar during live fire training in Guantanamo Bay, Cuba.**



# **INSCOM's Vision**

**The Army's operational intelligence force - engaged worldwide as part of the joint/interagency team; conducting multi-discipline collection, fusion and analysis to generate actionable intelligence in support of the Global War on Terrorism and regional contingency operation.**

**A network of horizontally integrated fusion centers which leverage shared national databases. Persistent intelligence, surveillance and reconnaissance, tactical reporting and advanced analytical tools.**

**Joint, interoperable counterintelligence/human intelligence, signals intelligence, and measures and signatures intelligence modules capable of rapid deployment/employment - with linkage to the fusion center network.**

**Tactically useful, rapid prototype initiatives developed, vetted and fielded in partnership with the intelligence community, industry and academia.**

**Tough, joint-savvy intelligence leaders at every level.**